

WHAT CAN I DO WITH A DEGREE IN HUMAN HEALTH SCIENCE?

The Bachelor of Health Science (Honours) degree with a specialization in Human Health Science focuses on the fundamental areas of science as it relates to human health and disease, including anatomy and physiology, microbiology, neurophysiology and pathophysiology. You will take upper-year electives that extend knowledge in these core areas as well as integrate critical knowledge and understanding of the health-care system in Canada. For more information about the Human Health Science program, please visit the Faculty of Health Sciences website at healthsciences.uoit.ca/undergraduate/programs/human-health-science

WHAT SKILLS WILL I DEVELOP IN THE HUMAN HEALTH SCIENCE PROGRAM?

A degree in Human Health Science will allow you to develop a number of skills with application in a variety of work contexts. Some of the skills you will acquire and/or develop in the Human Health Science program include:

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| Analytical and Critical Thinking | Problem-Solving | Statistical/Data Management Skills | Teamwork |
| Oral and Written Communication | Research and Design Skills | Planning and Organization | Collaboration |

EMPLOYERS HIRE PEOPLE NOT DEGREES!

Think beyond your program when choosing a career. To find the right career, you will need to take into account your interests, skills, work preferences and values. The list below is meant to give you some ideas, but it is not exhaustive. Don't limit yourself!

WHAT ARE MY CAREER OPTIONS WITH A DEGREE IN HUMAN HEALTH SCIENCE?

A degree in Human Health Science opens up possibilities for careers such as:*

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| Audiologist | Health Records Professional | Physician |
| Cardiovascular Technologist | Laboratory Research Assistant | Physician Assistant |
| Chiropractor | Lawyer | Physiotherapist |
| Dentist | Naturopath | Quality Assurance Specialist |
| Environmental Health Officer | Neurologist | Research Administrator |
| Epidemiologist | Occupational Health & Safety Coordinator | Speech-Language Pathologist |
| Genetics Counsellor | Occupational Therapist | Technical Writer |
| Health Care Administrator | Pathologist | Wellness Program Coordinator |
| Health Promoter | Pharmacist | |

*Please note that many of the occupations listed above may require further education, certifications or work experience in conjunction with your degree.

WHERE HAVE PREVIOUS UOIT HEALTH SCIENCE GRADS WORKED?

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| Chiropractic Centre for Optimum Health | Lakeridge Health Oshawa | The Hospital for Sick Children |
| Comprehensive Health Care Network | Mount Sinai Hospital | Toronto General Hospital |
| Credit Valley Hospital | Public Health Ontario | University Health Network |
| Durham Region Health Department | Rouge Valley Health System – Centenary | |

HOW CAN I GET SOME PRACTICAL EXPERIENCE?

A degree on its own is generally not enough to land you your dream job. Practical experience is critical, not only to give you the qualifications you need to be competitive, but also to help you better understand your own interests, skills, personality and work values so that you can be confident that your next career step is the right fit for you.

There are a number of ways for you to get some real-world experience and information about potential careers related to Human Health Science. These include:

Research Practicum - All Health Science students can apply for a fourth-year research practicum that extends throughout their final year of studies. Working under the direction of a research tutor (both UOIT- and community-based), students receive a practical experience that exemplifies the collaborative research process while providing them with a valued opportunity to apply their knowledge in an actual research setting.

Volunteering - If you have little or no work experience, unpaid work experiences are a great way to get your foot in the door, allowing you to develop your skills through hands-on experience, learn more about your interests and make valuable contacts to add to your network for potential paid work opportunities down the road. For more information, find the volunteering resource at uoit.ca/careertools

Informational Interviews - Informational interviews allow you to get the inside scoop on potential career paths from individuals working in the field. For information on how to set up and conduct informational interviews, find the Informational Interview resource at uoit.ca/careertools

Get Involved - The Faculty of Health Sciences has several clubs and organizations dedicated to, among other things, organizing experiential learning and professional opportunities for their members. For more information, visit healthsciences.uoit.ca/about/student-clubs.php. See also your-sa.ca for information about other clubs offered by the Student Association. Check out uoit.ca/getinvolved for information about the **Student Involvement Record**.

WHERE CAN I FIND MORE INFORMATION?

Student Portal - There are a number of career resources on the Student Portal to get you started in your career research process, including links to job leads and information about further education. For more information, visit: uoit.ca/careercentre

Career Counselling - Email careercentre@uoit.ca to book a career counselling appointment if you would like to discuss your career development, including issues such as: career indecision; identifying your skills, interests, work values and personality style as it relates to the workplace; feeling overwhelmed, anxious or confused about the career planning or decision-making process; and overcoming barriers to career development.

Academic Advising - Email healthscience.advising@uoit.ca to set up an appointment to discuss questions related to your academic path within the Faculty of Health Sciences.